

Lealholm, Castleton and Glaisdale PSHE 2 year Long Term Plan 2022-2024

Autumn Term (1)	Spring Term (1)	Summer Term (1)
Core Theme: Healthy Relationships	Core Theme: Health and Wellbeing	Living in the Wider World
	Core Theme: Living in the Wider World	Core Theme: Health and Wellbeing
TOPICS for this half-term:	TOPICS for this half-term:	TOPICS for this half-term:
Feeling and emotions	Keeping Safe (drugs, alcohol and tobacco, risk taking)	Taking care of the environment
Respectful relationships	Money Matters (Enterprise KS2)	(River Esk, care of living things, pollution)
Online Relationships		Keeping safe (road, water, fire)
Autumn Term (2)	Spring Term (2)	Summer Term (2)
Core Theme: Health and Wellbeing	Core Theme: Healthy Relationships	Core Theme: Living in the wider world
TOPICS for this half-term:	TOPICS for this half-term:	TOPICS for this half-term:
Physical health and fitness	Families and people who care for me (special people)	Rights and responsibilities
Mental Well-being	Caring relationships	Taking care of the environment
Healthy Eating		First Aid

Health and Prevention		
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